

# THE HEART OF MEXICO

Mexico City is not only the biggest city in the world, Mexico City was the base of the Aztec civilization centuries ago. If you are interested in having activities all day, you will probably go to the right place by visiting Mexico City, imagine all the things you can do in the biggest city in the whole world, and also one of the most beautiful cities: museums, nightlife, culture, entertainment and of course, Spanish!

## HISTORY:

Not far from the main city, you can find the pyramids of the sun and the moon in Teotihuacan (45 minutes driving from downtown).

The pyramid at Cuicuilco in the south of the city is a curious circular construction half hidden by the lava the Xitle volcano spewed forth more than three thousand years ago.

All the history of our beautiful city can be experienced at the Museum of Anthropology, near the city center.



## SIGHTSEEING

The main attractions offered by Mexico City (besides the pyramids), are the Palace of Bellas Artes, a beautiful white marble palace located in the center of the city; the Plaza de las Tres Culturas, which shows three very important facets of Mexican architecture: the pre Hispanic, the colonial and the modern; the Castillo de Chapultepec, an old castle that was home to Austrian dynasties; and the Mexico City cathedral and Villa of Guadalupe, demonstrations of our colonial heritage.



## TRANSPORTATION:

Mexico City offers excellent transportation opportunities for students, which include a subway and the new metrobus system which connects about 80% of the city. The school is located in front of a metrobus station so students won't have any problem when moving around.

## ENTERTAINMENT

Mexico City's nightlife is one of the best in the world: bars, discos, mariachis! The options of bars and activities are endless in Condesa and Insurgentes districts, besides that, Mexican people are known to be among the kindest in the world. Why not try shopping also, the variety of options is endless in downtown and Mazarik Street. For music and theater lovers, options are endless: Centro Cultural Telmex offers famous Broadway plays, while Auditorio Nacional offers the best concerts in the City.

## ABOUT THE SCHOOL



*The school is located in Insurgentes Sur 307, Colonia Condesa, where most of the international student life takes place in Mexico City. Colonia Condesa is a bohemian area famous for its restaurants and bars, in fact, most foreigners who decide to live in Mexico City take residence in Colonia Condesa, mostly, because its considered as one of the safest residential areas in Mexico.*

Frida School is easily accessed by public transport, since its located near the metro line and just in front of one of the metrobus lines, and just 3 blocks away from Condesas restaurant area. Nearby attractions include the Castle of Chapultepec, the Museum of Anthropology, Mexico City Downtown and some famous restaurants and bars.

The building is a typical colonial building where the school offices and classes are held. The school has a main office with the following characteristics: secretary, directors offices, studying room, computer room,

and two small classrooms for private and intensive courses. One floor above the offices, students will find 3 classrooms and a coffee area, these classrooms have each capacity for up to 16 students, also, they will find a kitchen where small group cuisine courses are held.

All classrooms have a wooden floor and some are equipped with a television, coffee is provided free of charge.

- Free WiFi Internet and laptop use
- Free coffee
- 5 classrooms, 6 levels
- Library
- Public transportation 1 min away
- Certificate of course completion



### CULTURAL PROGRAM AND LEISURE ACTIVITIES

Form trips to the pyramids to visits to the city of Cuernavaca, our school is recognized for organizing a wide variety of activities that complement our courses. During our cultural program, students will learn about Mexico and its culture and practice what they have learned in the Spanish courses as well. Our cultural program is enhanced during the summer, when we offer more activities.

<b>MONDAY</b>	Welcome Party to foreign students.
<b>TUESDAY</b>	Mexican Culture video: Frida Kahlo.
<b>WEDNESDAY</b>	Museums: Visit to the Museum of Mexican Anthropology
<b>THURSDAY</b>	.
<b>FRIDAY</b>	Night Activity: Hindoo Disco night. Meeting time 10:00 PM.
<b>SATURDAY</b>	Option B: Excursion to the Aztec Pyramids. Meeting time 11:30 am.
<b>SUNDAY</b>	



## COURSE PRICES AND TYPES

Our course prices include all study material: books, examinations, certification, cultural program. What they do not include is activities. One lesson is 60 minutes.

<b>STANDARD COURSE</b>	<b>DURATION</b>	<b>NUMBER OF LESSONS</b>	<b>PARTICIPANTS</b>	<b>COST USD</b>	<b>COST EUR</b>
	2 WEEKS	40	3-9	\$320	260
	3 WEEKS	60	3-9	\$480	390
	4 WEEKS	80	3-9	\$640	520
	Additional Week	20	3-9	\$160	130
Notes:	* Minimum of 1 week. Lifetime setup fee of \$50 usd. * 4 hours per day in group lessons of max. 9 members. 4 hours of courses				

<b>INTENSIVE COURSE</b>	<b>DURATION</b>	<b>NUMBER OF LESSONS</b>	<b>PARTICIPANTS</b>	<b>COST USD</b>
	2 WEEKS	60	3-9	\$460
	3 WEEKS	90	3-9	\$690
	4 WEEKS	120	3-9	\$920
	Additional Week	30	3-9	\$230
Notes:	* Minimum of 1 week. 6 hours per day. Standard + small group course. 4 hours group course+ 2 hours small group course. Lifetime setup fee of \$50 USD. Only for beginners and intermediates.			

<b>SUPER INTENSIVE COURSE</b>	<b>DURATION</b>	<b>NUMBER OF LESSONS</b>	<b>PARTICIPANTS</b>	<b>COST USD</b>
	2 WEEKS	60	1	\$700
	3 WEEKS	90	1	\$1,050
	4 WEEKS	120	1	\$1,400
	Additional Week	30	1	\$350
Notes:	* Minimum of 1 week. Standard + individual course 6 hours daily. Lifetime setup fee of \$50 USD			

### INDIVIDUAL TUITION

<b>DURATION</b>	<b>NUMBER OF LESSONS</b>	<b>PARTICIPANTS</b>	<b>COST USD</b>
Every Week	1	1	\$22

Notes: \* Price per hour. Depends on number of hours per week.  
 \*Individual courses are taken in the afternoon or early morning.



# HOUSING

## Option 1.- School Residence

The school has opened in 2006 its own residence, which consists in triple, double and single rooms reserved only for Spanish school students. The residence is a luxurious decorated space, located at the same building where the school is. In this residence, students will find all types of commodities, some of which include:

- **2 bedrooms**
- **TV**
- **Kitchen**
- **Dining room**
- **TV room**
- **1 bathroom**
- **WiFi**
- **0 min. from school**



## Option 2.- Apartment

**This option is for students who would like their own studio type apartment off campus, the apartment can be single or shared.**

**Apartments have a room, private bathrooms, and some have kitchen too.**

**All have WiFi access.**  
**- 10-15 min from school**



## Option 3.- Family

This option is for students who are mature and would like to practice Spanish out of class. Some families have rules to follow. Students will find all types of commodities, some of which include:

- **1 bedroom**
- **TV**
- **Kitchen**
- **Dining room**
- **TV room**
- **1 bathroom**
- **WiFi sometimes**
- **10-15 min. from school**
- **Lunch or dinner + breakfast**



TYPE	COST PER WEEK	
RESIDENCE ON CAMPUS	SINGLE ROOM	\$185usd
	DOULBE ROOM	\$170usd
APARTMENT	SINGLE ROOM	\$185usd
	DOUBLE ROOM	\$170usd
HOST FAMILY	SINGLE ROOM	\$180usd

All offered Sunday to Saturday.  
 Double rooms only for 2 students coming together